

# THE CONSCIOUS TRIBES PROJECT 2024



## *What Can We Offer You?*

### THE CONSCIOUS TRIBES VISION

The vision that inspires the Conscious Tribes Project is explained in the book “Love & Revolution” which you can buy as a paperback, or download as a free ebook [here](#).

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### CONSCIOUS RELATING

Already grasped the vision?  
Then the next thing is to start forming your local Conscious Tribe!

The Practice of Conscious Relating is the basic technique we recommend for bringing people together in deep presence and intimacy – and starting to become a Conscious Tribe. This is explained in detail in “Love & Revolution” - but there’s also a summary explanation on the website, as well as free Guide Audios to support you as you begin to share the practice of Conscious Relating with friends and like-minded people in your area. Find out more here:

[Conscious Relating](#)

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## **EXTRA SUPPORT**

Do you feel you'd like some extra support? Personally? In learning to live your daily life in Presence and Intimacy? Or as a group - as you begin to form your local Conscious Tribe?

### ***- Private Sessions***

Mark offers private sessions online (video calls on Zoom) to support people in deepening their understanding and experience of (1) Radical Honesty ("all I ever have is my own, unique experience"), (2) Conscious Relating ("I see you in your uniqueness, and let myself be-seen in my uniqueness"), and (3) the whole vision and application of the Conscious Tribe Project. Sessions last between an hour and an hour and a half, and Mark asks for a donation in exchange. You can make the donation through the form on the homepage. If you'd like to share a session with Mark, please get in touch by email. Sessions can be for individuals, couples, or groups.

Mark's email address is: [markthemysticactivist@protonmail.com](mailto:markthemysticactivist@protonmail.com)

### ***- Online Conscious Relating Community / Book Club***

At the moment there is a growing Spanish-speaking Online Conscious Relating Community. We meet on Zoom once a month to share the beautiful, deep, intimate, aware practice of Conscious Relating. People also meet privately to share the practice between the monthly Zooms. And we also share and discuss in a private online chat. The cost is symbolic - 5€/month.

If you'd like to be part of a similar English-speaking community, please let us know by email - and as soon as there's enough interest we'll start one.

There is also a Spanish-speaking Love & Revolution Book Club, in which we co-create an atmosphere of deep connection, and then read and discuss Love & Revolution, chapter by chapter. Again - if there's enough interest we'd love to start an English-speaking Book Club. Just let us know you're interested by email.

Please send your email to [conscious\\_tribes@tutanota.com](mailto:conscious_tribes@tutanota.com)

### ***- Talks and Workshops in Your Local Area***

If you'd like Mark to come to your area and give a talk, or facilitate a workshop (a one-day workshop, or a weekend workshop) - just get in touch! If there are interested people living in the same area, or an Ecovillage, or an Intentional Community interested in the Conscious Tribes Vision of "radical honesty + conscious relating + conscious action" then Mark will come to you!

We just ask for a donation that will at least cover costs. This includes Mark's travel (he now lives in Aragon in Northern Spain) - so if you feel that might be too expensive for you - get in touch anyway, and we can perhaps set something up online (a talk, or even a workshop).

To open the conversation, please email us at [conscious\\_tribes@tutanota.com](mailto:conscious_tribes@tutanota.com)

### ***- Other Possibilities?***

Or perhaps there's another way in which you'd like to be supported. ...

If so, just get in touch:

[Contact](#)



## **THE BLOG**

Have you read/heard all the stories, articles and poems on the blog? They're not on themes that get outdated. And there's some really beautiful content there – not only about forming Conscious Tribes, but on the craziness of modern society, self-knowledge, relationships, and much more...

For ongoing inspiration you can visit the Conscious Tribes Blog, and subscribe if you want to:  
[The Conscious Tribes Blog](#)

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## **OTHER BOOKS**

And then there are Mark's other books – available for free download as Ebooks, or for purchase as Paperbacks. Check out "The HanuHanu Gita – The Renowned Giant Orange Monkey's United-Nations-Sponsored Lecture Series", and "Parallel Plandemics - Short Stories from the Annals of Parallel Earths" - two books full of wisdom, tenderness and crazy humour!

[Download Ebooks](#)

[Buy Paperbacks](#)

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## **WANT TO STAY IN TOUCH?**

To stay in touch and hear about new workshops, courses, books, articles and so on – you can subscribe to The Conscious Tribes Blog and join the Conscious Tribes Telegram Channel:

[Subscribe to the Blog](#)

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**PLEASE SHARE!**

And if you feel moved to – please share this information with your friends. For various reasons we are not on Facebook, Instagram, Twitter, and so on – so we would appreciate your help in letting people know about The Conscious Tribes Project. Thank you!



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**Seeds of New Culture**  
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